

2021 CENTRAL REGIONAL HIGH SCHOOL
29th ANNUAL JERRY GOLEMBESKI * JV WRESTLING TOURNAMENT

DATE: Sunday, December 18, 2021

PLACE: Central Regional High School

TIME: Wrestlers should arrive by 7:45am.

Coaches weigh in their own wrestlers when they submit Entry Form .

Coaches' meeting at 8:45 am. Wrestling starts at 9:00 am sharp.

Weights: N.J.S.I.A.A. High School Weights.

106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

*Weight classes may be split as numbers warrant. If numbers allow, we will also have NJSIAA girls weight classes, if not, we will be prepared to do Madison style girls divisions.

SEEDING: Top four wrestlers in each weight will be seeded, all others will be drawn. Rate each wrestler on the weight sheet:

1 = very good, 2 = experienced, 3 = inexperienced

Please send me the name, email address, and cell phone number of the coach who will be responsible for filling out the entry roster spreadsheet. They will receive an email from the Tournament Coordinator with an entry spreadsheet to fill out.

PARTICIPANTS: You may bring as many JV wrestlers as you like. Maximum of 5 varsity matches last year for all competitors. Seniors can enter only if they are a 1st-year wrestler. All wrestlers will get a minimum of 2 matches.

AWARDS: Top 3 in each weight.

ENTRY FEE: **\$450.00, payable to CRHS Wrestling. Checks must be received by 12/13/21.** Mail checks A.S.A.P. to:
Owen Brennan - Head Wrestling Coach
Central Regional High School
509 Forest Hills Parkway
Bayville, NJ 08721

FOOD: Hot and cold available throughout the day.

ADMISSION: \$5.00 adults / \$3.00 students

COACHES' NOTES: Wrestling will be conducted on four mats in the high school's main gymnasium. Locker room and showers will be available.

Coaches will receive a complimentary lunch voucher.

INFORMATION: Email Coach Owen Brennan with information requested on the "entry form" included below to confirm your spot ASAP:

obrennan@centralreg.k12.nj.us

Coach Brennan's cell phone (732) 581-6554

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* * * *ENTRY FORM* * * *

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|--------------|----------------|
| School: | School Phone # |
| Coach: | Coach Cell # |
| Coach Email: | |

I have decided to hire a pro, John Christopher, to computerize and run this year's tournament.

When I receive your entry, John Christopher or I will contact you and explain how we want you to enter your rosters.

This should ensure a smoothly run tournament which starts on time and gets us all home at a reasonable hour.

Also, I am asking for you to send me additions and deletions once you are on the bus and heading to Central Regional.

Please enter my cell number in your contacts. Coach Owen Brennan (732) 581-6554